

## **Injectable Fillers Instructions**

### **Treated Area Care**

- Always use a strong sunblock, if sun exposure is unavoidable (SPF 30 or greater).
- Inspect daily for signs of infection.
- You may wear makeup with sunblock protection shortly.
- There are no activity restrictions for this treatment.
- Stay out of the sun until redness and bruising subsides (usually 48 hours).
- Patients should avoid aspirin and non-steroidal anti-inflammatory drugs such as Motrin, Advil, St. John's Wart or high doses of Vitamin E supplements because these substances can cause increasing bruising or bleeding at the injection site.

### **What to Expect**

- Temporary stinging, throbbing, burning sensation, redness, swelling, bruising, and excess fullness.
- Some swelling, bruising or redness in recipient sites.
- Swelling and puffiness may last several weeks.
- Redness and bruising may last about 48 hours.

### **Appearance**

- Improved skin texture.
- Firmer and smoother skin.

### **Follow-Up Care**

- With regular follow-up treatments, you can easily maintain your new look.
- Repeated treatments may be necessary.

### **When to Call**

- If you have increased swelling or bruising.
- If swelling and redness persist after a few days.
- If you have increased redness along the incision.
- If you have severe or increased pain not relieved by medication.
- If you have any side effects to medications; such as, rash, nausea, headache, vomiting.
- If you have an oral temperature over 100.4 degrees.
- If you have any yellowish or greenish drainage from the incisions or notice a foul odor.
- If you have bleeding from the incisions that is difficult to control with light pressure.
- If you have loss of feeling or motion.
- If you have any sign of abscesses, open sores, skin peeling or lumpiness.