

Botox – Xeomin Instructions

Treated Area Care

- Always use a strong sunblock, if sun exposure is unavoidable (SPF 30 or greater).
- Stay out of the sun until redness and bruising subsides (usually 48 hours).
- There are no activity restrictions for this treatment.
- Patients should avoid aspirin and non-steroidal anti-inflammatory drugs such as Motrin, Advil, St. John's Wart or high doses of Vitamin E supplements because these substances can cause increasing bruising or bleeding at the injection site.

What to Expect

- Temporary stinging, throbbing, burning sensation, redness, swelling, bruising, and excess fullness.
- Redness and bruising usually lasts about 48 hours.
- Patients notice a clinical effect between 5 days and 2 weeks following the injection.
- Some diffusion of the toxin occurs. This can cause circular areas of paresis, a partial loss of movement, with a radius of 1.5 cm and temporary weakness of nearby muscles.
- In rare cases, there can be a drooping of the eyelid or asymmetry of facial expression.
- The risk of any side effect depends on the muscles injected.
- The effects of Botox are completely reversible; any side effects are temporary, lasting only a few weeks.

Length of Benefits

- The benefits of Botox injections usually last 3-6 months and then resolve.

Follow-Up Care

- No activity restrictions.
- Return visit every 3 months to maintain results.

When to Call

- If you have increased swelling or bruising.
- If swelling and redness persist after a few days.
- If you have severe or increased pain not relieved by medication.
- If you have any side effects to medications; such as, rash, nausea, headache, vomiting.
- If you have an oral temperature over 100.4 degrees.
- If you have any yellowish or greenish drainage from the incisions or notice a foul odor.
- If you have bleeding from the incisions that is difficult to control with light pressure.
- If you have loss of feeling or motion.
- If you have any sign of abscesses, open sores.